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Pelham NEWS

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■ POLITICS

Niagara Tories optimistic about 2012

VICTORIA GRAY
PelhamNEWS Staff

PELHAM — The Niagara West-Glanbrook riding may have had a tough 2011, but look out 2012 — the Conservatives want to make waves.

"We have ideas and policies to help create private-sector jobs and get spending under control," said MPP Tim Hudak, leader of the provincial Conservatives.

see POLITICS | page 2

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■ SPORTS: Cyclones ready for whirlwind tournament



EDDIE CHAU Staff Photo

Jordan Ingraham prepares for a layup during a practice last week at E.L. Crossley. The senior Cyclones have their sights set on winning the championship at the 57th Tribune Boys Basketball Tournament. For the story, see page 12.



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upfront

■ CHARITY: Firm donates furnace after mother dies of cancer

Family now basking in warmth

ALISON LANGLEY
QMI Agency

NIAGARA FALLS — When Randy Gilbert lost his wife Cindy to cancer last October, his focus was on supporting their six children through their grief.

Little thought, at that time, was given to the house — the Niagara Falls home where he and his wife were raising Dakota, Sierra, Mikayla, CJ, Devin and Drake.

The couple had been heating the two-storey home in Niagara Falls using a wood stove as the furnace was no longer functional.

While Randy was at work during the day at a local con-

struction company, Cindy kept the fire going. When Cindy went off to her job as a waitress in the evening, Randy took over the duties.

With the money gone, however, Randy didn't want that responsibility to fall on his children, who range in age from nine to 18. But he didn't know where to turn.

That's when a Fonthill-based businessman entered the picture.

For the past three years, Randy Norton, general manager of Mr. Furnace One Hour Heating and Air Conditioning, has offered a furnace giveaway promotion asking people to submit in 100 words or less, why they should be the recipi-

ent of a new high-efficiency furnace.

Gilbert had never heard of the giveaway, or Mr. Furnace for that matter, but a lot of other people had. Mr. Furnace received nearly 200 submissions on behalf of the Gilbert family.

"It was overwhelming," Norton said of the responses. "We knew right from the outset that this family was going to get a furnace. The outcry from the community was tremendous."

Submissions flooded in from friends and family as well as teachers from Valley Way public school. All three of the children are graduates of the elementary school and the youngest three are currently students at the school.

Cindy was an active volunteer at the school over the years. She ran the school's breakfast program and volunteered for pretty well every school outing.

Cindy, who had always been healthy and had participated in the Rankin Cancer Run every year, fell ill in May.

"She was always on the go and never felt sick a day in her life," Randy recalled.

She died in late October at the age of 40.

Gilbert said the family is still coming to terms with the loss.

"I will miss her for the church, family and friends and support from my work and her work. I don't know where we'd be," he said.



ALISON LANGLEY QMI Agency

Randy Norton, general manager of Mr. Furnace, chats with Randy Gilbert. The Gilbert family was the recent recipient of a furnace giveaway sponsored by Mr. Furnace.

A crew from Mr. Furnace installed the new furnace at the family's home a few days before Christmas.

"My dad came from a

humble background, but he helped in giving and helping those less fortunate and I was brought up that way," Norton said.

POLITICS

Hudak and Allison say jobs, economy are priorities

FROM PAGE 1

When the legislature resumes sitting at the end of the month the Conservatives will be ready to get back to business and try to get bills passed that make sense for Canadian families, Hudak said.

"We called for a public-sector spending freeze and it will save up to \$2 million. I think it's only a fair time when we are struggling to make ends meet and those (people) on fixed incomes in the private sector struggle, we not take increases next year," he said.

Hudak said 2011 was a tough year for the economy and job losses were heavy in the riding, but in 2012 he will be working hard to bring jobs to the region.

"If we modernize the apprenticeship program we could create more than 200,000 new jobs in the skilled trades," he said.

It may have been a tough year for the riding, but Tory MP Dean Allison said many good things happened last year, too, like the creation of the YMCA in Grimsby, a municipality also

promised funding from the government for a new arena.

Allison agreed with Hudak that the economy is down and job losses

have been the No. 1 issues in the riding. He said he hears good things in the news about growth and he is cautiously optimistic.



"The challenge is still the economy. There is still a possibility that Europe's misfortune affects us. Here in Grimsby, we've done a pretty good job in terms of jobs and growth, but jobs in the future in terms of the economy? There is uncertainty that surrounds us from around the world," Allison said.

In 2011 Hudak was pleased to see the appointment of Kevin Smith as supervisor of Niagara Health System and he looks forward to working to increase the quality of hospital service his constituents receive — but he knows the provincial deficit will make that difficult, so he will continue to emphasize that.

"We're in the biggest debt crisis ever, spending \$2 million more every 24 hours than we take in in revenue. That kind of runaway spending is not sustainable and puts our

ability to deliver key services like health care and education at jeopardy as interest on the debt takes a bigger and bigger bite."

Allison is excited to see real change, now that the Conservatives have a majority government in Ottawa.

"Over the last several years of a NDP government, we have move forward with some things."

Hudak, meanwhile, is excited to have 16 new Conservative MPPs at the table to deliver fresh ideas at the provincial level.

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■ TWO GIRLS, ONE PRAYER

Abstract works on display at library

EDDIE CHAU
PelhamNEWS Staff

PELMHAM — As a parent caring for an ailing child can be some of the most stressful times in life.

For Pelham artist Laura Lane, the stress came last summer when her 13-year-old daughter Celeste underwent chemotherapy to treat pineoblastoma, a rare form of brain tumour. Four three months, Lane lived at the Ronald McDonald House in Toronto while her daughter endured the treatment.

Some people go home and watch TV to unwind. I don't watch much TV so that didn't work. I needed an outlet. I painted late at night and I produced five paintings the first night."

Pelham artist Laura Lane

At night when all was calm Lane asked the staff at Ronald McDonald House if she could use the craft room. There she started painting as a way to creatively relieve some stress.

"It was very therapeutic for me," Lane said. "Some people go home and watch TV to unwind. I don't watch much TV so that didn't work. I needed an outlet. I painted late at night and I

produced five paintings the first night."

Lane's stay at Ronald McDonald House produced 24 abstract paintings of varying techniques and colour. While she used a standard canvas, Lane used different tools — everything from a credit card to a knife to her hands — to create the art.

"It's about expressing myself through movement," Lane said.

After painting the initial four pieces Lane's husband Matt asked her to try using four different colours for a next set of paintings. For another set Lane turned to Celeste for inspiration.

During the painting process, young cancer survivor named Hayley Filippini, who also had pineoblastoma. Over the course of the summer the Lane and Filippini families grew close as Hayley and Celeste conversed back and forth.

One artwork, entitled Waves, was inspired by Hayley, Lane said.

The 24 paintings are currently on display at the Pelham Public Library as part of the exhibit, Two Girls, One Prayer. After the exhibit, the works will be auctioned off to raise funds for Ronald McDonald House, Toronto Sick Kids Hospital and Hayley Filippini.

The exhibit will continue through the remainder of the month.

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VICTORIA GRAY Staff Photo
Laura Lane painted 24 works of art at Ronald McDonald House when her daughter was being treated for a rare brain tumour. An exhibition of those works will open at Pelham Public Library today.



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■ perspective

Blindness to realities of CEO salaries

In the wake of the Occupy movement, last week's annual listing of Canada's 100 best-paid chief executives by the Canadian Centre for Policy Alternatives caught a lucky break.

Thanks to Occupy, Canadians were softened up for a steep drop by the left-thinking think-tanks about the growing rich-poor divide through its comparison of what the nation's corporate elite make, versus working stiffs.

Most of the buzz zeroed in on the eye-popper that the average CEO of those publicly traded companies pulled down nearly \$84.8 million in 2010. That's 189 times Canada's average wage, up a whopping 27% over the year before. In slightly more than three hours, the average company boss raised in value what it takes many people a year to make.

Trading on that in the wake of Occupy, harping about corporate greed, was a bonus for the centre, whose views rarely get such attention.

Provocative but often Pollyanna-ish, the centre is best known for its "alternative" federal budget that never seems to question over-spending, tax increases or pay hikes for public servants. Of course Canada's corporate bosses are well paid. That's because they're getting a big one-chip not the same as the minimum wage.

CEO pay is a function of supply and demand and performance, the rewards often tied to how a company's stock does. Many employees and communities similarly benefit from that reality — factors the centre's numbers ignore.

Overlooked, too, are the legions of jobs created by those companies whose CEOs the left effectively shames. Ditto for the returns many workers, directly or indirectly, from the RPSFs, have seen from those same corporations.

And what of auto parts magnate Frank Stronach, who topped the list with nearly \$62 million in compensation? The Occupy-minded would have you see him as greedy. Others would call the Austrian-born tool-and-die maker — who founded Magna International Inc., which employs thousands of Ontarians — a great immigrant success story.

— Greg Van Moorsel

comment

Pelham council, committee, and you

I recently heard a radio interview about "Pop-Up Democracy" — small ways in which people can become involved in shaping the future of their communities.

That reminded me that a number of people have asked me about how Pelham Council and Committees function. When do we meet? How can you get your suggestions or improvements discussed? How can you get involved in shaping Pelham's future?

Council: As a general rule, your Town Council meets at 7 p.m. on the first and third Mondays of each month in the Council Chamber in Town Hall. (During July and August we tend to only meet once.) If one of our regular meetings falls on a holiday



Dave Augustyn
MAYORAL VIEW

Monday (like Labour Day), we meet on the Tuesday.

Council is formal; it's where we undertake the official business of the "Corporation of the Town of Pelham." We advance the Town's business through motions and a procedure. Bylaw provides for our discussions. At Council, we make resolutions and enact bylaws — for taxation, spending, administration and enforcement. We set policies, agree to legal agreements, and act on official correspondence. We also ratify the decisions of the Town's General

Committees.

GENERAL COMMITTEES: Immediately following these Town Council meetings, we hold a "General Committee" meeting. Slightly less formal, General Committee tends to be more task oriented. All Councillors are members of General Committee and act as either Chair or Vice-Chair of one of the three divisions.

Planning & Development: Services deals with matters involving development proposals, subdivision plans, zoning bylaws, official plans, building permits and the building code, and bylaw enforcement. Councillor Papp is Chair; Councillor Acciari is Vice-Chair.

Community & Infrastructure: Services deals with roads, sidewalks, streetlights, sewers, water, cemeteries, drainage,

parks, recreational services, facilities, and special community events. Councillor Clark is Chair; Councillor Rybiak is Vice-Chair.

Corporate Services deals with all matters relating to budgets, taxation and fees, and all other financial matters, human resources, and fire and library services. Councillor Durley is Chair; Councillor King is Vice-Chair.

What General Committee approves at one meeting is scheduled for ratification by Council at its next meeting (roughly two weeks later).

VOTING: Both Council and Committee require "quorum" — at least a majority (four of seven members) of members present to make decisions. Each member of Council, including the Mayor, gets one vote. If the majority of members at the meeting support a motion, it is "Approved" or "Carried." If not, the motion is "Lost" or "Defeated." In the case of a tie vote, the motion is defeated.

Next week, I will write about how you and other members of the public can get involved in this democratic process.

You may contact Mayor Dave at mayordave@pelham.ca or read past columns at [www.pelhammayordave.blogspot.com](http://pelhammayordave.blogspot.com).

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■ readers' views

Thankful for guardian angel

My husband and I recently moved to Fonthill so as to be near our respective Mothers. We have left our adult children and their families in Toronto.

My Mother is in the beginning stages of this horrible disease of memory loss. Having said that, her personality is still there. She is her 5 second memory that is the pith. She lives in Vineland and has always had trouble finding our house, since it is in her more recent memory, but she has never ever had an issue with finding her way home. Yes she still drives at the age of 87, but that will be stopping sooner than later.

On Friday, Dec. 30, we had our Christmas get together with the families coming down from Toronto and Barrie. We had a lovely

afternoon, with lots of food, laughter and, of course, presents under the tree.

Around 6 p.m. folks started leaving because of the long drives home. Mum for some reason was in a hurry. She never wants to be a bother to anyone, so she was going too.

My son decided to drive behind her and make sure got her home. He parked his car in front of her place and got out to advise us that she was not yet home. I thanked him and told him to get going and that I would call him as soon as Granny calls us.

An hour later there was still no phone call from Mum, and I called her place and there was no answer. Now I'm concerned. So we take a drive down to her place and she's still not home. This is now an hour and forty five minutes after she left

our place. Now it's 8:45 p.m. and rather than wait in her parking lot for her to come home, we drive home to so as to get a phone call, hopefully.

We arrive home maybe 10 seconds, when the door bell rings. It is the neighbour across the street and he is asking us whether we would like a Mum back. I beg your pardon, what did you say? "I have your Mum in my living room?" How in blue blazes did she get there, I ask. So we do.

She was found at the Sobeys parking lot in Welland. The car was out of gas and she had no money. She was confused, didn't know what to do or where to go. A young man by the name of Kurt found her. He locked her car, put the keys in her purse, and for the next 40 minutes drove around looking for our house. He finally came upon it and our neighbour was just coming home from the store himself. "Excuse me

sir, do you by any chance know my neighbour, Kurt and Jo?" Yes, we say, they live across the road. Well says Kurt, I have their Mum in the car. Thank you, says the neighbour who'll take her in. All the family has now left, and they seem to be out at the moment, but we'll look after her till they get home. Will you give your name and a phone number, I know they will want to know that. No sir, it's OK. I'm glad to have been able to help.

Kurt did not want any recognition or thanks, I know that Kurt is probably not local because he is an angel and he was there because God needed him to help my Mother. And although he will probably not read this letter, others in the neighbourhood will, and maybe they've met him, or know of him and will think of him for us.

Judy Wynn
Pontill

■ COLUMN

Looking back at the year that was

As we begin 2012, we look back on the year that was. 2011 was a year that Canadians decided to elect a strong, stable, majority Conservative government for the first time in eighteen years. And we have been working hard since that time by strengthening Canada's economic recovery, by scrapping the wasteful long-gun registry, by giving the wheat grain farmer the freedom of choice in marketing their grain by scrapping the Canadian Wheat Board, and by keeping our streets and communities safe.

Our Economic Action Plan has guided Canada through the worst recession since the 1930s, keeping Canada's economy among the strongest in the G-7, and retaining the highest positive job rating. Since July 2009, Canada has created nearly 600,000 new jobs, our banks remain the soundest in the world, and we are well on our way to balancing the budget over the medium term.

By scrapping the wasteful and ineffective long-gun registry, our government has upheld promises made to farmers, bunters and sport



Dean Allison
FROM THE HILL

shooters to halt the punishment of law-abiding citizens. Rather, our government has decided to take the registry off the books and have been spent on the registry and focus them on fighting real rural crime.

Our Safe Streets and Communities Act, will help keep all of us safe. It will protect our children from sexual predators by increasing penalties, keep repeat and violent young offenders off our streets by reintroducing measures from Sebastian's Law, and stand up for victims by enshrining their right to attend Parole Board hearings.

Our government has also enhanced the New Veterans Charter to allow for more financial support, have invested billions into upgrading our Navy, Army and Air Force, and renewed the ecoENERGY Retrofit-Homes program.

Here at home, it has been a very busy year. My constituency office has fielded thousands upon thousands of calls, emails and letters from individuals all across the riding, and they have helped hundreds of people with federal matters.

I have personally attended numerous ground breakings, grand openings, festivals and other events throughout the riding and have had the opportunity to connect one on one with thousands of people this past year. We have helped local government and businesses with

funding of specialty projects such as the new West Niagara YMCA, the restoration of downtown Pelham, and a trail system at a local park to name but a few. And 2012 looks just as busy.

Niagara West-Glanbrook is a colourful mosaic of cultures, traditions and beliefs. Yet no matter what celebrations or traditions we mark, there are basic universal principles that bring all of us together.

At this special time of year, the spirit of giving lies within all of us, and shines through during the holiday season. As we begin a new

year, let us give thanks to those organizations and volunteers in our community who selflessly give of their time and resources to help those less fortunate. Let us also remember our brave men and women in uniform, who serve our country in so many different aspects around the world.

As we enter 2012, let us all take pride in our families and communities, our town, our community and our country. Let us continue to work to make Niagara West-Glanbrook and Canada the greatest place in the world to live and raise a family.

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EDDIE CHAU
PelhamNEWS Staff

on the go. For those who aren't into reading, audiobooks can tell the same tale via spoken word on just about any digital audio device.

Pelham Public Library is among many institutions across the province that has jumped on the digital bandwagon by offering audio books and eBooks for loan as part of Overdrive, a global

digital distribution centre for digital literature.

"iPhones and iPads have made things more efficient," said Elaine Anderson, adult and youth services co-ordinator at the library. "In the marketplace, eBooks outsell traditional books. At the library, people are interested in borrowing books and reading them on their devices but not necessarily holding them."

Electronic books and audio books were introduced to the library in August 2010. Between August 2011 and December 2011 there was a 750% increase in the number of e-books borrowed compared to the same period in 2010.

Forty-two users were loaned e-books from August to December 2010. In 2011 272 new users tried the Overdrive service.

The library is offering workshops where patrons can learn how to use the facility's Overdrive program to download material to their digital devices.

"There's been an increase

in the number of people coming to our classes," Anderson said. "They always come in to ask



EDDIE CHAU Staff Photo

Dan Wallace, a worker at Pelham Public Library, holds up a Kobo e-reader. The library is hosting a workshop to show patrons how to use its Overdrive e-book program.

for advice on how to use the service. We had to expand it to more than one session."

The next workshop sessions take place on Jan. 17 between 10 a.m. and 11:30 a.m. and Jan. 26 from 6:30 p.m. to 8 p.m.

Registration costs \$5 for

the workshop. Patrons must have basic computer skills and must bring their e-reader devices and cords and have an e-mail address and a library card and good standing.

To register in advance call the library at 905-892-6443.

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Pelham Public Library presents Great Programs for a New Year

Facebook for Parents

Protect your children online! Mon., Jan. 16, 6:30-7:30, \$5

Eyefoods: A food plan for healthy eyes

Dr. Barb Pelletier & Dr. Laurie Capogna local optometrists and authors of "eyefoods," present information on how our habits and foods we eat impact our health. Books for sale. Jan. 24 at 6 p.m. \$2.00.

Jammin' in Jammin' in January

Celebrate Literacy Day with us this PLS. Bring everyone for this spectacular family event. Bring a blanket and flash light. Pancakes and popcorn provided. Jan. 27 at 6:00 p.m. \$5 per family.

Family & Friends CPR

Don't have time for the whole CPR course? Certified instructor Jessica Stewart will lead this short and easy-to-learn session. An official certificate will not be issued as the course is intended to teach CPR for the family's safety only. Feb. 15 from 6-8 p.m. \$5.00.

Romance in the Air

Sandra Orchard, author of *Deep Cover*, a Harlequin's Love Inspired Suspense Novel, will appear on Tues. Feb. 14 at 2 p.m. \$2.00.

For most programs, register ahead in person.
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■ SEMINAR: Pelham library offering insight into social media privacy settings and pitfalls

What are your kids doing on Facebook?

VICTORIA GRAY
PelhamNEWS Staff

PELHAM — Younger and younger children are joining social networking Internet sites and may risk their safety by not caring about privacy.

It's challenging knowing how to help children use the web making sure they are safe and secure.

"A lot of parents really have no idea what Facebook is or want to have a good idea what their kids are sharing with everyone else," says Dan Wallace, an employee at Pelham Public Library.

"Maybe they aren't trying to keep an eye on their child, maybe they just want to be part of it."

For that reason Pelham library is offering Facebook for Parents, a seminar taught by Wallace about Facebook's

privacy settings.

"I think it's especially for any young children on the Internet. I think it's important that they have an idea of what they are doing. After a certain age it's all right, (but children under 13 may need to) learn safety precautions," Wallace says.

Facebook is not supposed to have children under 13 as a user.

The Facebook for Parents seminar will take place at the Fonthill branch on Monday, Jan. 16, from 6:30 p.m. to 7:30 p.m. in the Festival Room. The seminar costs \$5 and people interested in attending must register beforehand at the front desk of the library.

People who attend the seminar will learn about Facebook's privacy settings, tagging and how it affects people, how to find people, how to use its search func-

tions and its new GPS function.

"If there is a mobile device it displays where you are. That's relatively new in Facebook. That stuff is optional, it can be turned off. Some people may not want their location broadcast out to others," Wallace says.

Joann Teeuwsen, technical services manager at the library, adds some people who use Facebook may be posing as someone they aren't.

"We're doing this because we feel this is something that would appeal to parents because Facebook is such a part of everyday life. We're trying to be proactive and offer some new information for people who maybe didn't know beforehand," she says.

vgray@wellandtribune.ca
Twitter: VixeyG



VICTORIA GRAY Staff Photo

Pelham library worker Dan Wallace is giving a seminar about Facebook's privacy setting to help parents look out for their kids, or even just to help people understand social media for themselves.

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Based on an Ohio State University study, high-linoleic safflower oil, the main ingredient in SafSlim, reduced belly fat study participants by up to 9.4% in six months. SafSlim is a breakthrough delivery system in 16 weeks. Adiponectin, an important belly fat hormone, also increased an average of 20.3%, promoting improvements in insulin sensitivity and metabolism, and showing promise in reducing sugar and food cravings.

SafSlim is all-natural, non-GMO, vegetarian and free of stimulants, artificial flavors, preservatives and colors. The patent-pending SafACTIVE™ 78% delivery system creates an emulsified, delicious creamy texture that's delicious, easy for the body to absorb, and fun to take.

When used as part of the SafSlim regimen which includes sound diet and exercise, this is the easiest and most effective way to transform belly fat...naturally.



Tanya and Ian Birrell

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BELLY FAT TRANSFORMATION

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As seen on
Doctor Oz

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Belly fat is comprised of mainly visceral, oromentum fat. This fat is also called subcutaneous fat, the fat you can pinch. Experts agree that oomentum fat is the least desirable fat on the body because of the way it packs itself around our vital organs. The loss of belly fat, for both men and women, can promote overall health.

HOW MUCH BELLY FAT IS THE MOST HEALTHY?

Measure your waist across your belly button. Total inches should be half or less than your height. If you are 5'6" or 66 inches, your waist should be 33 inches or less.

WHAT IS BELLY FAT?

This fat is comprised of mainly visceral, oromentum fat. This fat is also called subcutaneous fat, the fat you can pinch. Experts agree that oomentum fat is the least desirable fat on the body because of the way it packs itself around our vital organs. The loss of belly fat, for both men and women, can promote overall health.



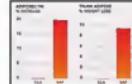
THE SCIENCE

BEHIND HIGH-LINOLEIC SAFFLOWER OIL

In a 10-month, double-blind, controlled study conducted at Ohio State University, researchers compared high-linoleic safflower oil (SAF) with conjugated linoleic acid (CLA), testing SS overweight, diabetic and post-menopausal women. The findings showed:

- SAF outperformed CLA in measurements of trunk adipose (belly fat), fasting glucose, insulin and adiponectin levels.
- Belly fat measured by DXA-SAF group lost up to 9.4% belly fat.
- Adiponectin: Levels of this important belly fat hormone increased an average of 20.3%.
- Fasting glucose: SAF significantly decreased fasting glucose.

The above results were obtained with no modifications to study participants' exercise or diet regimen.



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Aaron Boggio
R.Ph.B.Sc.PHIM

What is a Neti pot?

It may look like a watering can or a genie bottle, but a neti pot- or "nose bidet" - may actually be the answer to your sinus woes. For thousands of years, Dr Oz (as seen on Oprah) says people have been using similar devices to wash out their noses.

By pouring warm water from the neti pot into your nose, you can stimulate your sinuses and help clear out mucus. If the fluid builds up in your sinuses and causes pressure, you will experience pain, Dr Oz says. This condition is known as sinusitis - inflammation of the sinuses.

"A lot of folks that have allergies, who have sinusitis, that have conditions that we treat with medications are equally well treated by actually washing the areas of your body," he says. "When you think about it ... you wash your underarms. You have bidets. Why wouldn't you wash a pretty important part of your body, your sinuses, in the same fashion?"

If your sinuses are working normally, they will clean themselves. "That's why you blow your nose," he says. Before you try pouring water into your nostril, Dr Oz offers some neti pot pointers. First mix the water with quarter teaspoon sea salt. "You never want to wash (human) tissue without having salt water in them" he says "your own cells like it more." Dr Oz says washing out your sinuses with regular water will be irritating. Cold water may make you feel like you are drowning in a pool. Any, an audience member who suffers from sinusitis, demonstrates the proper way to use a neti pot. "I thought it would feel like drowning, but it feels good," she says.

It may look strange, but Dr Oz says this treatment may be more effective than medication. The (ear, nose and throat) doctors who are specialists in this area will often say this is better treatment than a lot of the other drugs that we try to offer folks, because it mechanically cleans out the problem," he says. Neti Pots with instructions are available at Boggio Pharmacy!

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■ TURBINES: Private corporation launches studies

Giant wind farm project moving ahead

SHAWN JEFFORDS QMI Agency

ST. CATHARINES — The company developing a massive wind farm in west Niagara has begun a slew of studies that could help it secure provincial approvals to move the project forward.

Niagara Region Wind Corp. spokeswoman Randi Rahamim said the company erected a meteorological tower in the region six months ago to gather data on wind velocity and weather data. Two more towers will soon be built in the region.

"It's more of a study period, as opposed to a public open house period," she said. "It will help us with eventual position of the turbines."

Rahamim said the company, which hopes to build a \$550-million wind farm in West Lincoln, Walpole, Pelham and Halton Hills, is seeking the necessary environmental approvals. If approved, 77 turbines could be built and generate enough electricity for up to 57,000 homes.

The NRWC has optioned more than 80 pieces of land in west Niagara to potentially place turbines.

Last February, it was awarded a feed-in-tariff contract from Ontario Power Authority.

It's more of a study period, as opposed to a public open house period. It will help us with eventual position of the turbines."

Randi Rahamim, spokeswoman for Niagara Region Wind Corp.

The company is also conducting studies on winter migratory bird patterns.

"We're doing all the environmental studies that need to be conducted during this season," Rahamim said.

The company will meet with West Lincoln township council in February to propose a project update.

Rahamim said the early turbine layout plan will also be put together to help plan the

project. The final layout will be made available 90 days before the final open house which could be scheduled for the summer.

Rahamim said the final project could be submitted for approval by the fall, but it's too early to know when the company will do that deadline. It can take up to six months for the province to approve a wind project, she said.

In September, NRWC announced a \$400-million deal with ENERCON that will see the German firm supply all 77 3.0-megawatt wind turbines to the company's 230-megawatt project. The turbines will be built at the two facilities to be located somewhere in Niagara.

Site location for both facilities will be decided by the spring. Turbine production will start in summer 2013.

Construction of the wind farm could take up to a year, with the company aiming to have the project operational by spring 2014. The company says the wind farm itself will create 770 jobs during the development and construction phases and 110 jobs after its completion.

PREDATORS WIN TOURNAMENT CHAMPIONSHIP



Supplied Photo

The Pelham Atom LL McDonald's Predators are the champions of the 2011 annual Jordan Christmas house league minor hockey tournament.

■ **LITTLE KICKERS NIAGARA:** Soccer intro program to start up in Fonthill

An early start to soccer

EDDIE CHAU
PelhamNEWS Staff

PELHAM — It's never too early to be a little kicker.

That's what Brian McLeod hopes for children in Fonthill and surrounding areas interested in learning the basics of soccer at an early age. McLeod currently operates Little Kickers Niagara, the local chapter of an international network of informal soccer training classes for boys and girls.

Children between the ages of 18 months and seven years can learn the basics of soccer while helping to build confidence, coordination, control and camaraderie.

"We started out in St. Catharines in October and interest has been building," said McLeod. "Little by little there's a new student each time. Word of mouth advertising has been great. We want to bring it to Fonthill at Fonthill United Church."

McLeod said students will learn more about the sport while being part of a team. Each 45 minute class is divided into sequences where a different skill is the primary focus.

"One sequence might be focused on hopping while the next will be

on how to play the game," McLeod said. "There are things a two-year-old kid can do that older kids can do as well. It's balanced out."

McLeod is confident the program teaches invaluable social skills such as listening, taking turns and sharing as well as athletic skills such as balance, agility and coordination.

Little Kickers was founded 10 years ago in the United Kingdom. Since its inception the program has expanded to more than 100 franchises around the globe.

The program is broken into four different class types.

Little Kickers is for students between the ages of 18 months to two years. Junior Kickers is for students between ages of two and three.

Mighty Kickers for ages three and a half to five while Word Kickers for ages five to seven allows Little Kickers to continue. Classes will begin at Fonthill United Church Jan. 21 between 1 and 3 p.m. Enrollment for a six-week program is \$114.75 while a 12-week program is \$199.50.

For more information on Little Kickers Niagara call McLeod at 289-690-5411 or e-mail: bmcleod@little-kickers.ca



Supplied photo
Brian McLeod, centre, and his sons Sebastian and Connor, participate in the Little Kickers program. McLeod is looking to bring the program to Fonthill later this month.

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■ BASKETBALL



Cyclones shoot for Tribune title

EDDIE CHAU
PelhamNEWS Staff

PELHAM — It's like going into a blindfold.

There's no way to properly prepare for new competition. For players on the E.L. Crossley Cyclone senior boys basketball team, they will have to go in with all pistons firing as they square off against the Holy Cross Raiders in the opening round of the 57th Tribune Boys Basketball Tournament.

"Our plan is to keep up with the team up until the halfway point," Cyclone head coach Al Ingraham said.

"We will work hard and when the third quarter comes, it's anything goes from there."

Ingraham welcomes the new challenge playing Holy Cross in that he believes it will be highly competitive.

"We can't really scout the team. We're just going to go in with a strong game plan," Ingraham said.

Under normal league play the Cyclone are considered a double A team, but Centennial and Westlane

are only two other teams in the division in Zone 3.

However, instead of playing a home-and-home series against each other and filling out their schedules with single A competition, as was the case over the past few years, Centennial, Crossley and Westlane opted to play up this season by facing triple A and quad A foes. A change that has already seen Centennial and Crossley playing quad A Notre Dame has exposed the Cyclone to a wide variety of skill and experience levels.

"They are our best leaders this year and hope to be next year as well."

Al Ingraham, E.L. Crossley senior boys basketball team coach

such as point guard Jordan Graham and shooting guard Matt Lewis will have to lead the way in scoring. "They are our leaders this year and hope to be next year as well," he said.

The Tribune Boys Basketball Tournament started Wednesday and wraps up Saturday. Sixteen teams from across the region, including seven from south Niagara, competed in the four-day tournament with games taking place at Centennial, Our Lady of Lourdes, Jean Vanier, Niagara College and Notre Dame, which was the consolation and championship finals will be decided on the final night of the tournament.

Niagara College has become the tournament's major sponsor. The Tribune is now the media sponsor.

Crossley's last title was in 2009 when it took the B title. It last won the overall championship in 1979.

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FRIDAY, JAN. 6

LEGION LUNCH

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SUNDAY, JAN. 8

ANNUAL NEW YEAR'S LEVEES

With MPP Tim Hudak 1 p.m. - 2:30 p.m. at Birnbrook Memorial Hall, 2600 Hwy 56 and 3:30-5 p.m. at Peninsula Ridge Estates Winery, 5600 King St. W., Beamsville.

TUESDAY, JAN. 10

MESSY CHURCH

at Holy Trinity Church, 1557 Pelham Street, Fonthill from 4:30 p.m. to 5:30 p.m. Free hot dinner, music, prayer, crafts and fun. A time for families to enjoy being together for a Messy Epiphany. Everyone is welcome! Find us on our Facebook page Holy Trinity Fonthill.

UNDERSTANDING DEMENTIA

Information session presented by Alzheimer's Society at Pelham Public Library, 6:30 p.m. Free, but register ahead. 905-892-6443.

WEDNESDAY, JAN. 11

FRIENSHIP OF SHORT HILLS PARK

General meeting, 7 p.m. at St. John's Centre on Roland Road. Guest speaker Adrienne Shantz. All welcome.

WELLAND CAMERA CLUB

Next meeting features an evening of interactive workshops at Wesley United Church, 244 First Ave., Welland. Bring your camera. all are welcome. www.wellandcameroclub.com

SATURDAY, JAN. 14

MEDITATION MORNING

Marcia leads beginners and those who have meditated before through a number of different types of meditations for stress relief and focus. Please bring a pen and notebook. Pelham Public Library, Jan. 14 or Feb. 4 from 9:30 - 11:30 a.m. \$3 Please register ahead. 905-892-6443.

PASTA DINNER

At Fonthill Lions Hall, Regional Rd. #20, Fonthill, 4-7 p.m. \$10 for adults, \$6 for children. We do take out orders. Cash bar available.

SUNDAY, JAN. 15

FENWICK LIONESS

Soup and Bread Lunch 11:30 a.m.-1:30 p.m. at the Fenwick Lions Club, 999 Church St., Fenwick. Selection of homemade soups, variety of breads, dessert, coffee, tea and juice. \$7 per person.

SCOTTISH COUNTRY DANCING

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TUESDAY, JAN. 17

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Learn step by step how to download and use the Pelham Public Library's Overdrive e-books on an Apple device - iPod, iPhone, iPad. You must have basic computer skills. Please bring your e-reader, cords, your email address and a Pelham Public Library card in good standing. 10:10:30 a.m. Please register ahead in person. \$5.

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SATURDAY, JAN. 28

FONTHILL LIONESS

Progressive Euchre Night, 7:30 p.m. at Fonthill Lions Hall, Hwy 20 Fonthill. Prize, light lunch and a cash bar. \$5 per person.

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PUPO'S

Corner of
Maple Ave. and
Prince Charles
Drive

APPLE PIES

PUPO'S Bakery

620g

SAVE
\$1.00

399

SPECIALS in effect Friday Jan. 13th to closing Thursday Jan. 19th, 2012 • OPEN SAT. 8-6, SUN. 10-5, MON., TUES., WED., 9-6, THURS. & FRI. 9-9

FRESH GRADE A JUMBO ROASTING CHICKENS

6-7 lb. avg.

1/2
PRICE

199

lb.

FRESH PORK
PUPO'S HOT OR MILD
ITALIAN SAUSAGE

SAVE
\$1.00
lb.

399

lb.

DELI Specials

Schneiders 1890
OFF THE BONE
HAM
Maple Lodge
COOKED OR SMOKED
CHICKEN BREAST
Salerno Deluxe
MOZZARELLA
CHEESE

1/2
PRICE
399

lb.

1/2
PRICE
399

lb.

1/2
PRICE
499

lb.

COUNTRY HARVEST BREAD

675g loaf

1/2
PRICE
189

6 Loaf Limit



ROMAN BRAND LASAGNA OR CANNELLONI

2 lb./2.25 lb. tray



SAVE
\$2.50
6 Pkg Limit

399

BECEL
MARGARINE
2 lb. tub



499

ROYALE
FACIAL TISSUE
Box of 88 or 132



\$1

NO. 1 GRADE CALIFORNIA
ICEBERG LETTUCE



\$1
each

MAJESTA
PAPER TOWELS
8 roll pkg.



399

NO. 1 GRADE CALIFORNIA
CAULIFLOWER



179
each

NO. 1 GRADE CALIFORNIA
"ANDY BOY" BROCCOLI



\$1
each

CANADA NO. 1 GRADE
WHITE POTATOES



1/2
PRICE
10 lb. Bag
3 Bag Limit

149

CUT FROM CANADA AAA BEEF

BONELESS

SIRLOIN TIP ROASTS

SAVE
\$2.00
lb.

399

lb.

CUT FROM CANADA AAA BEEF

BONELESS

BEEF STEW

SAVE
\$1.50
lb.

399

lb.

FRESH PORK BONELESS

PORK LOIN SCHNITZEL

1/2
PRICE

499

lb.

Del Monte FRUIT

IN FRUIT JUICE
PEACHES, FRUIT COCKTAIL
PEARS, VERY CHERRY



34 oz Can
12 Can Limit

1/2
PRICE
\$1

KRAFT CHEESE

MEDIUM, MOZZARELLA,
MARBLE, OLD
500g Block



Cracker Bar
599

NO. 2 GRADE CALIFORNIA
CELERY STALKS

\$1



1
Each

EXTRA FANCY ONTARIO
RED DELICIOUS or MUTSU
APPLES



99c
lb.